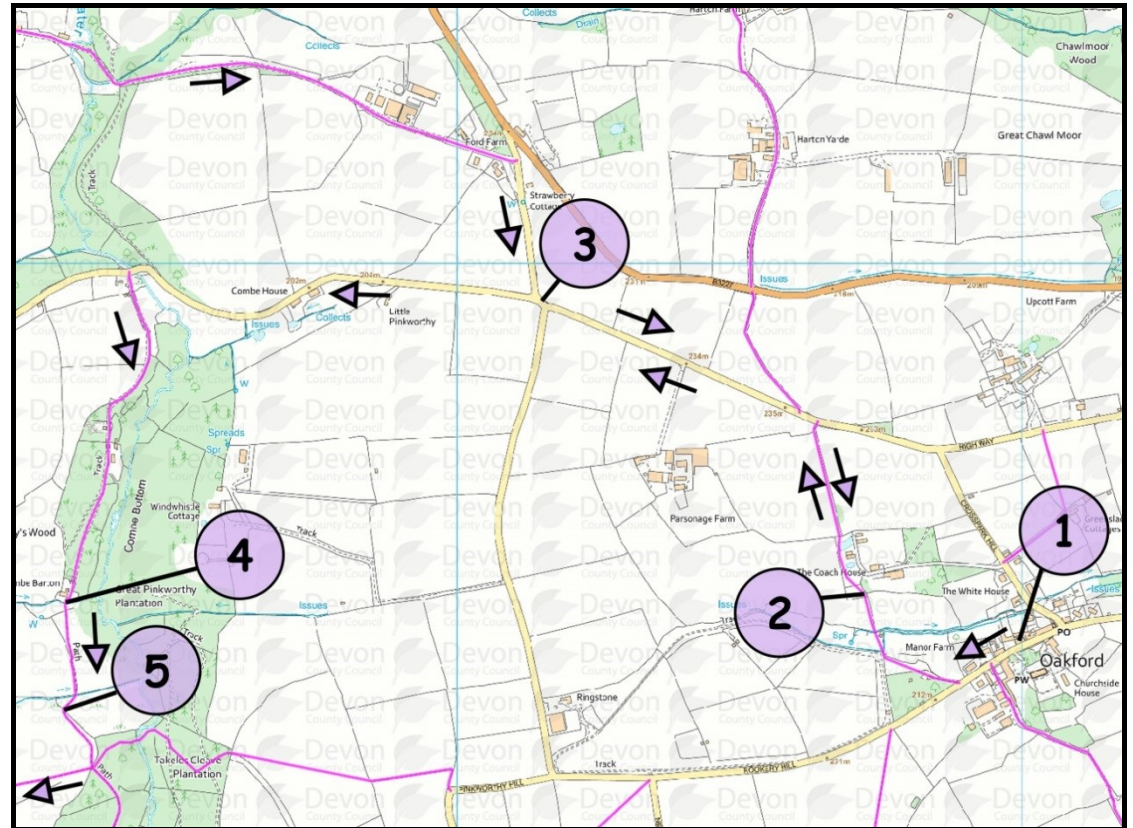


Walk 5

Time 2 hours 30 mins Distance 10.3km (6.4 miles)

About ⅔ of this walk is on quiet lanes or well-surfaced tracks, which makes for relatively easy going.

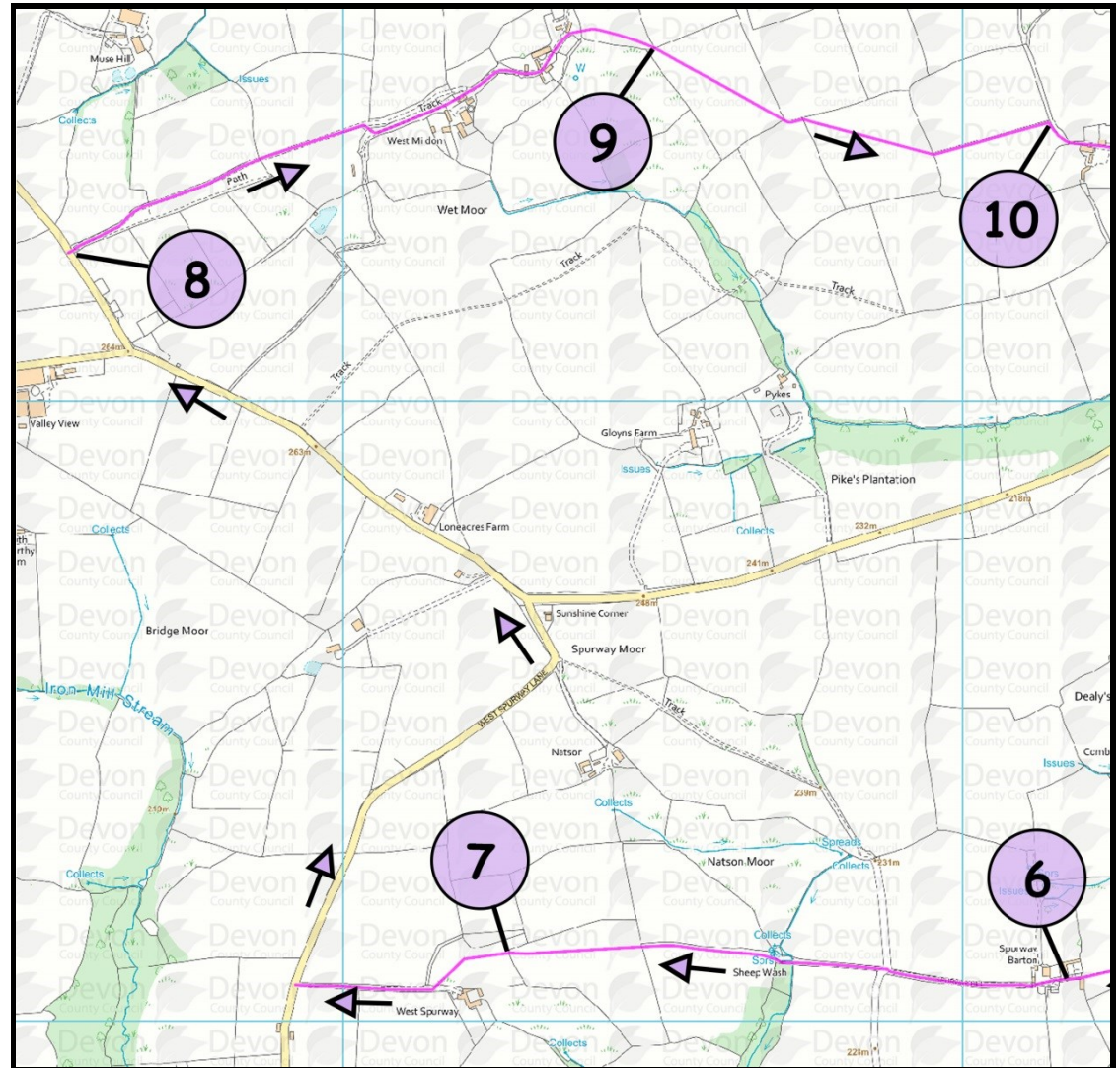
1. Go out of the **Red Lion** ①, turn right and go up the road. After about 100 metres go through a gate on the right into a field, and then diagonally left to a kissing gate. Go through this gate and diagonally right down the field under some willows, and then through two more gates either side of a small stream and up the hill the other side, keeping the hedge to your right.
2. Go through the next gate ②, and follow the fence round, through two more gates into another field. Keep going, with the hedge on your right. Go through the field gate and onto the road where you turn left.
3. When you get to **Ford Moor Cross** ③, go straight ahead, downhill. At the bottom of the hill after you cross the bridge over Combe Water there is a track on the left, take it, and go along the track to the end. Go through the garden, keeping the house on your right and remembering to respect the resident's privacy.
4. Exit through the gate ④, cross the field and through a gap in the hedge on your right. Turn left and go along the hedge line to a small gate, which you go through and over bridge, and then up the other side, turning diagonally right through the bracken to a gap in the hedge.
5. Turn left after the gap ⑤ and follow the hedge on your left until you reach the gate into **Spurway Wood** on your left. Do not take this, but turn right, and ahead you will see an incomplete hedge, keep to the right of it, and a derelict farm **Spurway Barton** ⑥ will be visible ahead of you.



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Walk 5, Continued...

6. Go through the farmyard, and follow the track. Go straight over where you cross another track, and go down into **Sheepdip**. Go through the iron gate and up the hill with the hedge on your right, through another gate and continue straight on to the next gate **7**.
7. Now head diagonally left towards the field gate above the farm, **West Spurway**, which you can see. Go through the gate and turn right up the track. At the top you meet a lane, turn right and follow it along until you meet another road, turn left, and follow that to **Esworthy Cross**, turn right, and shortly after is a track to **West** and **East Mildon** **8**.
8. Follow this track past **West Mildon** as it snakes its way to **East Mildon** a short distance further on. Go through the farmyard and after the house on your left, before a large metal barn there is a gate on your right a little way from the main track. Go through it and follow the hedge on the right, go through the gap straight ahead and go to the right of the hedge which is ahead of you **9**.
9. Go diagonally right across the field, through the gate in the far right hand corner, and go left. Almost immediately afterwards is another gate. Go through and diagonally right across the field to another gate, which you go through and follow the hedge on your left, ahead and slightly right to another gate onto a track **10**.
10. Go along the track, past **Gracious Ford Farm** on your right. Continue over the bridge across **Combe Water** and on up the hill for half a mile to Ford Farm, which you pass on your left. When you reach the road, turn right, and when you get to **Ford Moor Cross** again, go left and retrace your footsteps to the **Red Lion**.



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