

THE COLDRIDGE CALENDAR

EDITOR: John W Smith, Rockfield, Coldridge, EX17 6AX: Email: biggles1047@gmail.com

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**Feeling stressed, anxious or stuck?
Lacking confidence and self-esteem?**

Hypnotherapy is a quick and effective way to get your life back on track!

I am your local clinical hypnotherapist based in Brushford and I use a solution-focused approach, which means that we can focus on where you want to be without the need to dwell on the past.

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COLDRIDGE CAR POOL

Our Tariff (for return trips) is as follows:

Bow:	£4.00
North Tawton:	£4.00
Winkleigh:	£3.50
Chulmleigh:	£6.00
Crediton:	£7.00
Okehampton:	£10.00
Exeter:	£15.00
Barnstaple:	£17.00

To book a trip or to join the team (we are always looking to recruit new drivers), please contact:

John Smith on 01363 83436 or email: biggles1047@gmail.com

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cj.barber99@outlook.com

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quote/assessment*

*

EDITOR'S NOTES

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Thanks to those who have contributed items for this issue.

Please Note the deadline for items for the FEBRUARY issue will be Sunday, 21st JANUARY. Please may I have all your copy, in WORD or JPEG format only, no later than this date. Sorry, NO PDFs, please!

Thank you;

John W Smith (Editor)

Email: biggles1047@gmail.com

FOR THE LATEST INFORMATION ON PARISH EVENTS, PLEASE VISIT OUR PARISH WEBSITE AT:

www.middevonparish.co.uk/coldridge AND OUR "WHAT'S ON IN COLDRIDGE, DEVON (WOICD)" FACEBOOK PAGE AT: www.facebook.com/groups/coldridge

DIARY FOR JANUARY 2024:

VILLAGE HALL 'REGULARS':

TAI CHI: CLASSES RUN FROM *4.00pm, EVERY MONDAY*

ART GROUP: EVERY TUESDAY, FROM 10.30am

PILATES: EVERY TUESDAY, FROM APPROX 6.00PM

TODDLER GROUP: FRIDAYS: 10th, 17th & 24th, From 9.45am during Term Time

Wednesday, 3rd
2.30pm: HALL

SUNSHINE SINGING

Thursday, 4th
7.00pm: HALL:

ADULT TABLE TENNIS

Friday, 5th

*6.30 for 7.00pm: HALL SOCIAL/FILM NIGHT:
Film: "OPPENHEIMER" (Cert 15)

Tuesday, 8th

4.00pm: HALL: TAI CHI RESTARTS
7.30pm: HALL: GARDENING CLUB AGM

Wednesday, 10th:

2.00pm: HALL: COLDRIDGE QUILTERS
7.30pm: HALL: WOMEN'S INSTITUTE
"Preserving Your Life Story"

Thursday, 11th

7.30pm: HALL: VILLAGE HALL SOCIAL GROUP (MEETING)

Friday, 12th:

7 'till 11.00pm: HALL: THE COLDRIDGE ARMS (PUB GAMES NIGHT)

Sunday, 14th

10.30am: CHURCH MORNING PRAYER

Wednesday, 17th

2.30pm: HALL SUNSHINE SINGING
7.30pm: HALL: VILLAGE HALL COMMITTEE (MEETING)

Thursday, 18th

7.30pm: HALL: PARISH COUNCIL MEETING

Saturday, 20th

7.00pm: HALL: CHARITY MUSIC NIGHT
With Tim O'Callaghan and 'Hooked'

Sunday, 21st

10.30am CHURCH HOLY COMMUNION

Thursday, 25th

10.00 – 3.30pm: HALL: COLDRIDGE CAFÉ (Lunches from 12 to 2.00pm)
7.00pm: HALL: ADULT TABLE TENNIS

NOTES:

PILATES restarts on 9th January

CHURCH TOURS restart on Thursday, 22nd February

TAI CHI:

Please Note: The time of our Tai Chi Classes has now changed to **4.00pm** every Monday, until further notice, restarting on 8th January. **PB**

THE MOBILE LIBRARY IN COLDRIDGE:

The next visit of our now-famous 'Book Bus' will be on **Thursday, 4th January from 2.15pm to 3.00pm** at The Village Green. **JWS**

GARDENING CLUB:

The AGM will take place on **Monday, 8th January at 7.30pm in the Hall**. There will be elections for Chair, Secretary and Treasurer and we will be setting out the Programme of Events for 2024.

We are a lively, friendly bunch of gardening 'amateurs', with a large and enthusiastic membership. We are always pleased to welcome new members, so please feel free to come along on the 8th. Don't panic!...you won't be asked to do anything other than enjoy the refreshments, meet friends, have a chat and get a picture of what our Club can offer. **JWS**

"COTTON & WOOL ON WHEELS"

Hello, Everyone! I am Gemma and I have recently moved to Coldridge. My first visit to Coldridge (Village Green) will be on **Tuesday, 9th January, between 1.00am and 12.00pm**. Look out for my bright pink gazebo! I will soon be putting a regular advert into The Coldridge Calendar. **Gemma Ansell-Nelson**

KEEP IN TOUCH WITH COLDRIDGE, DEVON:

You will find a very important and useful 'Special Page 4' at the back of this issue. Please keep a copy of it handy for future reference and to pass on to friends and neighbours, to help everyone find out about all the fabulous events and activities that this parish provides for its community. **JWS**

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Work undertaken:

- Smallholding and garden machinery repairs & servicing.
- General domestic welding, fabrication, and repairs. (Gates/feeders and equipment).
- Trailer servicing and mechanical/electrical repairs.

Please call or email

Adam Wane at Long Parks, Coldridge
Near Winkleigh, Mid Devon.

(Collection and delivery can also be arranged)

Tel no: 07966 159012

Email: awengineeringservices@gmail.com

COLDRIDGE MEMORIAL CLOCK FUND:

Ivan has kindly supplied me with an Update on the Crowd Funding Appeal in aid of the essential repairs to our Memorial Clock in the tower of St. Matthew's Church.

"The Crowdfunder appeal ended on the evening of Sunday, 17th December. I am pleased to advise that the on-line appeal has received gross donations to the amount of £1570.00.

"We are fortunate to live in such a generous community."

Thank you to everyone who has contributed to this appeal so generously. It is wonderful to see the clock working again, so accurately and, of course, to hear the hourly 'Bongs' for the first time for a fair old while (unless you suffer from insomnia!).

A further update on the total amount raised and details of some forthcoming fundraising events will be published in the new year. **JWS**

PHYSIOTHERAPY IN COLDRIDGE: AVAILABLE NOW!

If you've been on the Waiting list for physiotherapy for too long, for painful Aches and Pains, please wait no longer!

Why not go Private and Local?

I am a Physiotherapist with 35 years' experience, working from my local private studio.

- ✓ Musculoskeletal Treatments
- ✓ Rehabilitation after Orthopaedic Surgery
- ✓ Lymphatic Drainage
- ✓ Bowen Therapy
- ✓ Reiki

HOME VISTS UNDERTAKEN

Call or Text Freddie on
07591 171536 or

Email: freddy.vonrabenu@gmail.com

Coldridge Village Hall Social Group Presents

The Coldridge Arms

Friday 12th January

7 - 11pm

Coldridge Village Hall,
EX17 6AX

Pub Games Night

Feel free to Bring Your Own Games

Bar Refreshments & Snacks Available

Pop-in anytime on the night for a drink and friendly chat



Coldridge Village Hall Social Group
Presents

MOVIE NIGHT

Friday 5th January

Coldridge Village Hall

Free Entry - All are welcome

Please Note - Doors Open 6.30 pm

Main Feature will start at 7pm

Bar Refreshments and ice creams available

This Month's Main Feature Brief

A dramatization of the life story of the man who played a large part in development of the atomic bomb, leading to the end of World War 2.
The world will change forever.



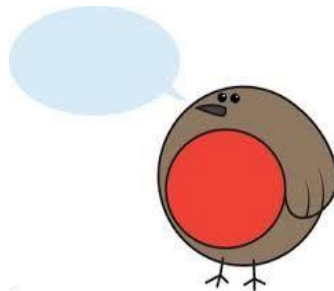
"_pp_nh_m_r" (11)

Starring Cillian Murphy, Matt Damon, Emily Blunt
History, Biography Release 2023

A "ROUND ROBIN"...

FROM

"THE COLDRIDGE CALENDAR"



SORRY!

Coldridge Café

Thursday 25th January

10 am - 3.30pm

Coldridge Village Hall

You are invited to join us for tea, coffee, hot chocolate & home-made cake...

PLUS

...a selection of lunchtime dishes served between 12 and 2pm

January Lunch Menu to be advised

Hope to see you there!

Takeaway Service Available

Coldridge Village Hall

A COUPLE OF NOTICES:

1: PLEASE REMEMBER TO KEEP ALL OF YOUR **CHRISTMAS STAMPS** TO HELP **CHILDREN'S HOSPICE SOUTH WEST**! EITHER POP THEM INTO THE LITTLE RED POST BOX IN THE VILLAGE HALL PORCH, OR POST THEM INTO OUR POST BOX AT 'ROCKFIELD'. THE CHARITY REALLY NEEDS THESE STAMPS TO HELP RAISE MONEY FOR THE WONDERFUL (BUT VERY EXPENSIVE) WORK THAT THEY DO. THANK YOU. John & Helen

2: **PLEASE SAVE A COPY OF PAGE 4.** THIS GIVES YOU ACCESS TO ALL THE COLDRIDGE MEDIA THAT YOU NEED TO KEEP UP-TO-DATE WITH ALL OF THE EVENTS AND ACTIVITIES IN THIS WONDERFUL PARISH. PLEASE PASS IT ON TO YOUR NEIGHBOURS, FRIENDS AND RELATIVES!

THANK YOU! *John* (Editor)

PTO...

PLEASE NOTE:

YOU SHOULD FIND THAT THE **QR CODES**, BELOW, MAY WORK, BUT THAT THE **LINKS** (IN BLUE) MIGHT NOT. THEREFORE (AND IN ORDER AVOID DISAPPOINTMENT), I WILL SEND ROUND THE ORIGINAL, FULLY-WORKING **PDF** VERSION TO THOSE OF YOU ON THE EMAIL/ONLINE 'COLDRIDGE CALENDAR' LIST. ALTERNATIVELY, YOU CAN TYPE IN EACH LINK TO SEARCH FOR AND ACCESS EACH OF THESE MEDIA. **JWS**

Keep in touch with Coldridge, Devon

Coldridge Calendar

The monthly newsletter for Coldridge Parish. To subscribe or contribute contact John W Smith c/o

biggles1047@gmail.com

What's on in Coldridge, Devon

Our village Facebook page with details of village events and news

<https://bit.ly/3ERot4K>



Coldridge Village Hall Website

Our new website providing information on all aspects of the Village Hall, its users, events and Village Hall news.

<https://rb.gy/1bpd7s>



Coldridge Parish Website

For details of Parish Council matters, village organisations & faith groups, news and much more visit our Parish Website

<https://bit.ly/3J6LsLO>



Neighbourhood Watch

Our Neighbourhood Watch Co-ordinator is Jonny Monument. Make yourself known and sign-up to regular NW Alerts c/o ColdridgeNHW@hotmail.com