

THE COLDRIDGE CALENDAR

EDITOR: John W Smith, Rockfield, Coldridge, EX17 6AX: Email: biggles1047@gmail.com

SUPPORTED BY OUR ADVERTISERS & PRINTED BY COLDRIDGE PARISH COUNCIL

DIARY FOR JULY 2025:

FOR FURTHER INFORMATION ON
PARISH EVENTS, PLEASE ALSO VISIT
OUR **PARISH WEBSITE** AT:

www.middevonparish.co.uk/coldridge
AND OUR "WHAT'S ON IN COLDRIDGE,
DEVON (WOICD)" FACEBOOK PAGE AT:
www.facebook.com/groups/coldridge

VILLAGE HALL 'REGULARS':

TAI CHI: CLASSES RUN FROM
4.00pm, EVERY MONDAY

PILATES & CHAIR PILATES: EVERY
TUESDAY, FROM 5.30PM

Wednesday, 2nd

2.30pm: HALL: **SUNSHINE SINGING**

Thursday, 3rd

7.30pm: HALL: **VH SOCIAL GROUP MEETING**
(All Welcome)

Friday, 4th

7.00 for 7.30pm: HALL **SOCIAL/FILM NIGHT:**
Film: *This month's main feature is a family
fantasy adventure concerning a boy, a book and
a crayon!* (Cert PG/2024)

Sunday, 6th

3:30pm: HALL: The Coldridge Café serves
AFTERNOON TEA. Limited spaces, Advance
Booking required.

Monday, 7th

2.30pm: CHURCH: **CHURCH CAFÉ**

Tuesday, 8th

2.00pm: HALL: **COLDRIDGE QUILTERS**

Wednesday, 9th

WOMEN'S INSTITUTE RIVER EXE CAFÉ LUNCH

FRIDAY, 11th

7:00pm: HALL **THE COLDRIDGE ARMS**
*Including team selections for the 2025/26
Village Hall Football Pontoon competition*

Saturday, 12th

HALL: **VILLAGE BREAKFAST** (Details to follow)

Sunday, 13th

10.30am: CHURCH: **MORNING PRAYER**

Monday, 14th

7.30pm: HALL: **GARDENING CLUB**

Thursday, 17th

7.30pm: HALL: **PARISH COUNCIL MEETING**
Starting with a Public Open Forum Session

Sunday, 20th

10.30am: CHURCH: **HOLY COMMUNION**
2:-4:00pm: HALL: **COLDRIDGE CURIOSITY CAFE**

Thursday, 24th

10.30am – 3.30pm: HALL: **COLDRIDGE CAFÉ**
11.00am and 2.00pm : **CHURCH TOURS**
(Booking Required, please email
coldridgeparishchurch81@gmail.com)

Thursday, 31st

7.00pm: HALL: **CRIB CLUB**

AUGUST: ADVANCE NOTICES:

Friday, 1st:

7: -7:30pm: HALL **SOCIAL/FILM NIGHT:**
Film: *Main Feature to be advised*

Thank you all for your Notices, News and
Events for this issue.

The copy deadline for our AUGUST issue is
SUNDAY, 20th JULY. Please may I have all
your items, in WORD or JPEG format, no
later than then.

John W Smith

Email: biggles1047@gmail.com

COLDRIDGE CAR POOL

**Affordable Transport to local
medical appointments:**

**Our Tariff (for return trips) is as
follows:**

Bow:	£4.00
North Tawton:	£4.00
Winkleigh:	£3.50
Chulmleigh:	£6.00
Crediton:	£7.00
Okehampton:	£10.00
Exeter:	£15.00
Barnstaple:	£17.00

To book a trip or to join the team (we
urgently need to recruit new volunteer
drivers) please contact:

**John Smith on 01363 83436 or
email: biggles1047@gmail.com**

NEWS FROM ST MATTHEW'S CHURCH:

WORSHIP, SERVICES & EVENTS:

Our usual service pattern resumes this month:
Morning Prayer (Lay-Led) at 10.30am on Sunday,
13th July and Holy Communion, led by Rev. Peter
Rapsey, at 10.30am on Sunday, 20th July. Both
services are followed by Refreshments and
Fellowship.

It was truly mind-blowing and heart-warming to
witness the overwhelming love and support for
little Josh and his family shown by the presence
of so many at the 'Prayer Breakfast' in church
last month. It is safe to assume that just about

everyone around here is now aware of the
awfully difficult time that the whole family and
their close friends are going through. Thank you
to all those, close to Josh, who organised this
very informal and friendly, yet devotional and
inspirational 'coming together with God and
each other' to support Josh and to add our own
thoughts and prayers and love.

Time was also taken to pray for our Team Vicar,
Rev. Janet May and her family who are also
having to deal with the tremendous challenges
of Janet's cancer diagnosis.

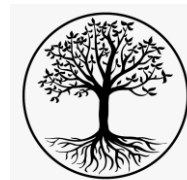
CHURCH CAFÉ:

The Cafe, this month, is on **Monday, July 7th**
starting at 2.30pm. Everyone is very welcome to
join us for Tea/Coffee, Cakes and Biscuits and, as
usual, some very cheerful conversation.

John Smith & Andrew Green (Churchwardens)

S.J.CARNE

*Independent Family Owned
Funeral Directors*



Established over 60 years
Personal Attention Day and
Night

Samantha

Summerhayes, Ingleigh
Green,
Winkleigh, Devon, EX19 8AT
Email:

samjcarne@outlook.com

Tel: 01837 680199

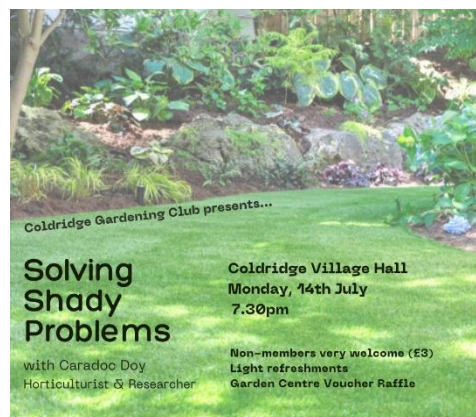
Pre-arranged and Bespoke
Funeral Plans Available

GARDENING CLUB:

June's meeting was the annual village gardens
tour. Members and guests were treated to some
lovely gardens and stunning floral displays which
reflected the skill, dedication and love poured in
by those kind enough to let us wander around.
Thankfully, the weather was kind and we were
able to round off the evening at 'the last stop'

where we were royally treated with fabulous nibbles and generous hospitality... Now, it has reached GCHQ (Gardening Club Headquarters) that there are whispers around the Village of a social gathering that may, or may not, have gone into the small hours. Suffice to say, what happens at Gardening Club, stays at Gardening Club - so I couldn't possibly comment!

High summer approaches and July's meeting is on **Monday, 14th July at 7.30pm**, when our speaker is Caradoc Doy, professional horticulturist and researcher. He will be talking about making the most of challenging areas in the garden to create areas of interest and beauty with a talk titled **'Solving Shady Problems'**. Keep an eye out on the socials for details. Guests/non-members very welcome (£3).



If you are not (yet!) a member of the Coldridge Gardening Club, and would like to see what it's all about, please drop us a line on coldridgegardeningclub@ecomail.uk for more details.

Don't miss the fun: Join Gardening Club for £15.00 per year per household. **Tracy Forward**

WOMEN'S INSTITUTE:

There was a real buzz at our recent Beauty Therapy and Cocktails' evening. Abi from **Abi's Beauty Retreat** in Lapford talked to us about the importance of a good skin care routine and Teresa was lucky enough to have a luxurious facial from Abi. This was followed by an informative make up demonstration by Kate and this time Claire was the lucky recipient! Everyone enjoyed the lovely cocktails from Andy at the bar. Thank you to Abi, Kate and Andy for a delightful evening.

July's meeting will see our members take to the high seas! OK, not quite. We have booked a group lunch at the **River Exe Café**, a custom-built restaurant barge floating offshore in the Exe estuary. It promises to be a delightful afternoon of great food and company. Members, please keep an eye out for more details soon.

Meetings are held (with the odd exception) on the second Wednesday of the month at 7.30pm in the Village Hall. Subjects range from charities and local interest groups, cookery demonstrations and craft workshops to the arts and wellbeing. Look out for more information on the village socials. New members are always welcome or come as a guest (£3). Hope to see you soon. **Lyn Green (WI Secretary)**



COLDRIDGE VILLAGE HALL
SOCIAL GROUP

Next Meeting

7.30pm, Thursday 3rd July

Coldridge Village Hall, EX17 6AX

Do you enjoy the many and varied social events held in Coldridge Village Hall?

Would you like to share your ideas for future events, or can you spare some time to help prepare or lend a hand 'on the night'?

If yes, we are keen to hear from you.

The Coldridge Village Hall Social Group is a small band of 'entertainment activists' who devise and deliver social activities that appeal to all ages in the Parish.

All are welcome. Feel free to join us on **3rd July** to help us plan and prepare our future event calendar for 2025.

For further information contact Lyn Green.

Coldridge Village Hall Social Group
Presents

MEET THE SOCIAL NIGHT
Friday 4th July
Coldridge Village Hall
Free Entry - All are welcome

Doors Open 7 pm, Main Event from 7:30pm
Licensed Bar, snacks and ice creams available

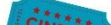
This Month's Main Feature...

Inside his book, our adventurous hero can make anything come to life simply by drawing it. After he grows up he draws himself off the book's pages and into the physical world he finds he has a lot to learn about real life!!

"H_r_ld _nd th_P_rpl_ Cr_y_n"
(6,3,3,6,6)



Starring Zachary Levi, Lil Rel Howery, Benjamin Bottani
Family/Fantasy/Comedy/Animation Release 2024



Feeling stressed, anxious or stuck?

Lacking confidence and self-esteem?

Hypnotherapy is a quick and effective way to get your life back on track!

I am your local clinical hypnotherapist based in Brushford and use a solution-focused approach, which means that we can focus on where you want to be without the need to dwell on the past. Appointments are available online or face to face.

Book your **FREE** initial consultation today!
Call or text Emma on 07894 555075 or
email: emma@inspiredtochange.biz



INSPIRED TO CHANGE
www.inspiredtochange.biz

PLEASE JOIN US FOR

Afternoon Tea

Sunday, 6th July 3:30pm
Coldridge Village Hall

£12/Head, or £15/head
with a glass of prosecco

Sandwiches, Scones with Cream & Jam, Cakes and Petit Fours served with unlimited Tea & Coffee

Limited Spaces - Booking Essential

Please contact
Suzanne Taylor
(07488 703847) to
reserve your place
before 29th June

Coldridge Village Hall Social Group Presents

The Coldridge Arms

Friday 11th July
7 - 11pm
Coldridge Village Hall,
Licensed Bar
Refreshments & friendly
conversation 'on-tap'
All are welcome

Coldridge 2025/26 Football Pontoon Season
Join us tonight for Team Selections

Coldridge Village Hall



Coldridge
Village Hall

We invite you to a special fundraising breakfast event in support of little Joshua Ridge.

Join us on 12th July 9:30 - 12:30 for a Coldridge Big Breakfast with all proceeds going to Joshua's care fund, supporting him while he bravely fights his long battle with cancer.

**FULL ENGLISH
BREAKFAST
ONLY £9**
(Breakfast sandwich menu also available)



Vegetarian option by prior request

FUNDRAISING BREAKFAST FOR JOSH:

12th JULY, from 9:30am-12:30pm in The Hall:

You are probably all aware by now that our young friend and neighbour, Joshua, is undergoing 18 months of treatment for stage 4 cancer in Bristol Children's Hospital.

As a community we have pledged to support his family in any way that we can. The breakfast items have all been donated by members of our community, so that every penny that we take at this event will go towards helping his parents navigate Joshua's complex treatment and ongoing care. Please come along, bring your friends and enjoy our famous Coldridge hospitality.

KATE

ANOTHER VILLAGE HALL FREE EVENT!

COLDRIDGE CURIOSITY CAFE

SUNDAY, 20th JULY;

2:00pm in the Hall



As you've probably noticed, Coldridge isn't afraid to try new ideas, and this is one of them...

Winkleigh occasionally hosts a 'Curiosity Café' on a Sunday afternoon. It's a sort of 'show and tell' where folks bring along their hobbies and interests to show off. All very informal, no presentations, no selling, just a chance to wander around, ask questions and explore! For example, Richard Clarke, (*who runs the Winkleigh event*) will be attending; Richard has four Victorian Stereoscopes and a 100+ historic photo images. (*The Stereoscope turns two-dimensional photos into three-dimensional images. The effect is amazing and is similar to modern VR virtual reality headsets.*) Myself and Cliff (*Little Merryfield*) are Ofcom-licensed radio hams so we'll be setting up a radio station in the Village Hall where you might get a chance to chat to radio hams all over the world. We're hoping one or more of the local research team who have been involved with the monthly church tours might pop along and tell us about the churches connection to Edward V and the Missing Princes project; perhaps one or more of our local Quilters may join us and I'm told there's a possibility of some unusual vehicles on show as well.

So, if you have an interesting/unusual/strange pastime or hobby, please consider joining us 2-

4pm on Sunday 20th July and sharing with us what you get up to, we'd love to know!

Just drop me an email to philbridges@coldridgevillagehall.org.uk or call me on 07990 563147. There will be tea, coffee and cakes available to buy, to help cover the hall hire costs as it's a free event.

Phil Bridges

Coldridge Café

Thursday 24th July

10 am – 3.30pm

Coldridge Village Hall

You are invited to join us for
tea, coffee, hot chocolate &
home-made cake...

PLUS

...a selection of lunchtime dishes
served between 12 and 2pm

July's Lunch Menu to be
advised nearer the date

Hope to see you there!

Takeaway Service Available

Coldridge
Village Hall

PHYSIOTHERAPY IN COLDRIDGE: AVAILABLE NOW!

If you've been on the Waiting list for physiotherapy for too long, for painful Aches and Pains, please wait no longer!

Why not go Private and Local?

I am a Physiotherapist with 35 years' experience, working from my local private studio.

*Musculoskeletal Treatments
Rehabilitation after Orthopaedic Surgery
Lymphatic Drainage
Bowen Therapy
Reiki*

HOME VISTS UNDERTAKEN

Call or Text Freddie on

07591 171536 or

Email: freddy.vonrabenu@gmail.com

Coldridge Village Hall

THE COLDRIDGE CRIB CLUB

NEXT MEET
Thursday 31st July, 7pm
All are welcome

Can't play want to play. If you would like to learn, come along, beginners are welcome, instruction is on hand.

Attendees to pay £1 to cover the hall hire costs. The bar will be open.

For further details contact Andy.
andrewfitch@coldridgevillagehall.org.uk
07990565973

The Fairy Queen

A semi-opera with music by
Henry Purcell
based on William Shakespeare's
A Midsummer Night's Dream



Concert performance by
The Winkleigh Singers
directed by Roland Smith
with recorders, harpsichord & cello

Saturday 12th July 2025 at 7:30pm
Umberleigh Village Hall

Early Bird Tickets £10.00, £15.00 from 1st July
Accompanied under 16s FREE
www.ticketsource.co.uk/the-winkleigh-singers
(nominal booking fee applies)
from choir members
at the door (cash or card)

Wine and soft drinks (Temporary Event Notice applied for)

The Winkleigh Singers
making music