

THE COLDRIDGE CALENDAR

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SUPPORTED BY OUR ADVERTISERS & PRINTED BY COLDRIDGE PARISH COUNCIL

DIARY FOR OCTOBER 2025:

FOR FURTHER INFORMATION ON PARISH EVENTS, PLEASE ALSO VISIT OUR **PARISH WEBSITE** AT: www.middevonparish.co.uk/coldridge AND OUR "WHAT'S ON IN COLDRIDGE, DEVON (WOICD)" FACEBOOK PAGE AT: www.facebook.com/groups/coldridge

VILLAGE HALL 'REGULARS':

TAI CHI: CLASSES RUN FROM 4.00pm, EVERY MONDAY

PILATES & CHAIR PILATES: EVERY TUESDAY, FROM 5.30PM

Wednesday, 1st

2.30pm: HALL

SUNSHINE SINGING

Friday, 3rd

7.00 for 7.30pm: HALL

SOCIAL/FILM NIGHT:

Film: *Main Feature is a classic Rom-Com where our heroine is faced with another dating dilemma.* (Cert 15/2025)

Monday, 6th

2.30pm: CHURCH:

CHURCH CAFÉ

Wednesday, 8th

7.30pm: HALL:

WOMEN'S INSTITUTE

Talk: *'Hearing Dogs for the Deaf'* with Helen Burridge

Thursday, 9th:

1.30-3.30pm: HALL: *Introduction to Chinese Brush Painting; Workshop with Mary Mould*

7.30pm: HALL:

ADULT TABLE TENNIS

Friday, 10th

7:00pm: HALL

THE COLDRIDGE ARMS

Saturday, 11th

12-2.00pm: HALL 'BANGERS 'N' MASH LUNCH'
Courtesy of Coldridge Gardening Club

Sunday, 12th

10.30am: CHURCH:

MORNING PRAYER

Tuesday, 14th

2.00pm: HALL:

COLDRIDGE QUILTERS

Saturday, 18th

7.30pm: HALL:

"THREE DECADES DISCO"

Sunday, 19th

10.30am: CHURCH:

HOLY COMMUNION

Thursday, 23rd

10.30am - 3.30pm: HALL:

COLDRIDGE CAFÉ

11.00am and 2.00pm :

CHURCH TOURS

(Booking Required, please email

coldridgeparishchurch81@gmail.com)

7.30pm: HALL

ADULT TABLE TENNIS

Thursday, 30th

7.00pm: HALL:

CRIB CLUB

Thank you all for your Notices, News and Events for this issue.

The copy deadline for our NOVEMBER issue is **SATURDAY, 25th OCTOBER**. Please may I have all your items, in WORD or JPEG format, no later than then.

Many thanks; John W Smith

Email: biggles1047@gmail.com

NEWS FROM ST MATTHEW'S CHURCH:

WORSHIP, SERVICES & EVENTS:

Thank you to all of you who made our Harvest Weekend such a resounding success. The Saturday 'Produce Display' in the Hall was a lovely idea and a great community event. Superb displays and, of course, wonderful refreshments, typical of Coldridge! I am very sorry that I had to miss the Service and the Supper on the Sunday, but I gather that both were a huge success.

Our October services are back to normal, with Morning Prayer on Sunday 12th at 10.30am and our Holy Communion on the 19th at 10.30a. Both services are followed by refreshments and fellowship.

CHURCH CAFÉ:

The Cafe, this month, is on **Monday 6th October starting at 2.30pm**. Everyone is very welcome to join us in the Church for Tea/Coffee, Cakes and Biscuits and, as usual, some very cheerful conversation.

John Smith & Andrew Green (Churchwardens)

An Introduction to Chinese Brush Painting

Autumn Workshops with Mary Mould

Winkleigh Community Centre and
Coldridge Village Hall
£25.00 per workshop



Winkleigh Community Centre
Fridays 10.00 - 12.00 a.m.
19 September, 17 October and
14 November

Coldridge Village Hall
Thursdays 1.30 - 3.30 p.m.
11 September, 9 October and
20 November

For the curious and adventurous.

Come and enjoy learning about:

- Chinese paint brushes, how to look after them, Chinese Painting brush strokes and how these are used to create images.
- Then explore with brushes and inks yourself.
- Joining two or three of the workshops will allow you to build your skills and confidence painting in this wonderful relaxing Art form.

All materials and equipment will be supplied
Interested? For more information

Call Mary on 07758 653201 or email mary@marymould.net

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samjcarne@outlook.com

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Pre-arranged and Bespoke
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COLDRIDGE CAR POOL

Affordable Transport to local
medical appointments:

Our Tariff (for return trips) is as follows:

Bow:	£4.00
North Tawton:	£4.00
Winkleigh:	£3.50
Chulmleigh:	£6.00
Crediton:	£7.00
Okehampton:	£10.00
Exeter:	£15.00
Barnstaple:	£17.00

To book a trip or to join the team (we urgently need to recruit new volunteer drivers) please contact:

**John Smith on 01363 83436 or
email: biggles1047@gmail.com**

COLDRIDGE GARDENING CLUB:

In tune with the season, September saw the first partnership event between Gardening Club and St Matthew's Church PCC - the Coldridge Harvest Festival Weekend. Comprising linked events across the 13th & 14th September, the aim was

to give thanks for and share the abundance of food and goodwill within our community. The Gardening Club hosted the produce display along with tea and cake on Saturday afternoon, which showcased some of the best growing, preserving and baking talent this parish has to offer.



To say the community stepped up is an understatement and the organisers were blown away by the generosity and creativity shown by Gardening Club members as well as contributions from the wider parish. The photos don't do justice to the display. The event was very well supported with nearly 50 slices of cake sold! Coldridge's capacity for that much tea and cake to be consumed in a two hour event never ceases to amaze. All profits from this event went to a local farming family and all the displayed produce was transferred to St Matthew's for the Harvest Festival Service on Sunday. From there, it was donated to the Amber Foundation in Chawleigh.

A huge thank you to everyone who donated produce to the display, cakes for sale and to the many of you who came along in support. Special thanks to the artistic talents Lisa, Teresa and Nick for putting the whole thing together. In more good news, there's not long to wait for the next Gardening Club event - the legendary **Bangers 'n' Mash Lunch**. This will be held in the Village Hall on **Saturday, 11th October**. Look out for more details coming out soon...



If you are not (yet!) a member of the Gardening Club, and would like to see what it's all about, please drop us a line on coldridgegardeningclub@ecomail.uk for more details.

Tracy Forward

WOMEN'S INSTITUTE

We welcomed some non-members to attend WI's talk in September to hear about Devon Air Ambulance. Our volunteer speaker, and service user himself, spoke about the DAA's mission, operations and how our support directly impacts lives. In 2024, there were 2,429 missions with 75% more males than females assisted. The busiest month last year was June and the busiest days were Sundays. Sobering stuff! For more facts and figures, visit

<https://www.daat.org/what-we-do/our-operations/our-missions/#mission-facts>.

Next up on Wednesday, 8th October at 7.30pm in the Village Hall is a talk from Hearing Dogs for Deaf People. Come along to learn about their work, the incredible dogs they train and how they help deaf people leave loneliness behind and reconnect with life. For more information visit their website on <https://www.hearingdogs.org.uk/>.



A little further forward is the **WI Breakfast** event in the Village Hall on Saturday, **8th November**. More details coming soon, so keep a look out.



New members are always welcome or come as a guest (£3). Meetings are held (with the odd exception) on the second Wednesday of the month at 7.30pm in the Village Hall. Subjects range from charities and local interest groups, cookery demonstrations and craft workshops to the arts and wellbeing. Look out for more information on the village socials. Hope to see you soon.

Lyn Green (WI Secretary)

A COUPLE OF NOVEMBER DATES FOR YOUR DIARIES:

Saturday, 1st

7.00pm: HALL:

CURRY NIGHT

Saturday, 22nd

10am-2.00pm: HALL & CHURCH: **WINTER CRAFT FAIR**

PHYSIOTHERAPY IN COLDRIDGE: AVAILABLE NOW!

If you've been on the Waiting list for physiotherapy for too long, for painful Aches and Pains, wait no longer!

Why not go Private and Local?

I am a Physiotherapist with 35 years' experience, working from my local private studio.

- ✓ *Musculoskeletal Treatments*
- ✓ *Rehabilitation after Orthopaedic Surgery*
- ✓ *Lymphatic Drainage*
- ✓ *Bowen Therapy*
- ✓ *Reiki*

HOME VISTS UNDERTAKEN

Call or Text Freddie on **07591 171536**

or

Email:

freddy.vonrabenu@gmail.com

Feeling stressed, anxious or stuck?

Lacking confidence and self-esteem?

Hypnotherapy is a quick and effective way to get your life back on track!

I am your local clinical hypnotherapist based in Brushford and use a solution-focused approach, which means that we can focus on where you want to be without the need to dwell on the past. Appointments are available online or face to face.

Book your **FREE** initial consultation today! Call or text Emma on 07894 555075 or email: emma@inspiredtochange.biz



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ADULT TABLE TENNIS



COLDRIDGE VILLAGE HALL SOCIAL GROUP PRESENTS

SOCIAL NIGHT

FREE ENTRY

FRIDAY 3 OCTOBER | DOORS OPEN 7PM FOR A 7.30PM START

COLDRIDGE VILLAGE HALL

THIS MONTH'S MAIN FEATURE...

After jumping back into the dating pool, our eponymous heroine finds herself caught between a younger man and her son's science teacher.

"Br_dg_t J_n_s: M_d_b__t _h_ B_y" (7,5 : 3,5,3,3)

Starring: Renée Zellweger Chiwetel Ejiofor Leo Woodall
Cert. 15 Romance/Comedy Release 2025

LICENCED BAR, SNACKS AND ICE CREAMS AVAILABLE

FREE ENTRY **BAR OPEN**

Coldridge Village Hall Social Group Presents...

★ A special Three Decades Disco! ★

Saturday 18th October 7.30 until late.

70's 80's 90's

Flares, sequins & legwarmers welcome!

Coldridge Village Hall

Coldridge Café

Thursday 23rd October

10 am – 3.30pm
Coldridge Village Hall

You are invited to join us for tea, coffee, hot chocolate & home-made cake... PLUS

...a selection of lunchtime dishes served between 12 and 2pm

October's Lunch Menu to be advised nearer the date

Hope to see you there!

Takeaway Service Available

Coldridge Village Hall

Coldridge Village Hall Social Group Presents

The Coldridge Arms

Friday 10th October 7 – 11pm

Coldridge Village Hall, EX17 6AX

Licensed Bar Refreshments & Snacks Available

Pop-in anytime on the night for a drink and friendly chat

Coldridge Village Hall

3 Decades Disco –

18th October 2025

The 'Village People' have spoken..... and so Coldridge Village Hall Social Group are pleased to invite you to a '3 Decades Disco' on Saturday 18th October 2025, from 7.30pm in Coldridge Village Hall.

Whether you're a 'Dancing Queen', like to stay at the 'YMCA', enjoy being out when it's 'Raining Men' or just like to do the 'Macarena' then the Coldridge '3 Decades Disco' will have something for you that will hopefully help 'Pump up your Jam' and maybe bring on a mild case of 'Night Fever' as the British Winter approaches!! All are welcome and entry is free, and if you fancy fishing out those old flares, platform shoes or leg-warmers then feel free to 'dress to impress' BUT fancy dress is optional on the night.

Drinks (including some special concoctions from the decades) will be available from our licenced bar along with the usual snacks and ice creams will be available to buy - card and cash accepted. So, get ready to bop, and beware of imitations!!

AND...LOOKING FORWARD TO NOVEMBER.....

Coldridge Village Hall

THE COLDRIDGE CRIB CLUB

NEXT MEET

Thursday 30th October, 7pm

All are welcome

Can't play want to play. If you would like to learn, come along, beginners are welcome, instruction is on hand.

Attendees to pay £1 to cover the hall hire costs. The bar will be open.

For further details contact Andy.
andrewfitch@coldridgevillagehall.org.uk
07990565973

Coldridge Village Hall

COLDRIDGE WINTER FAIR

Saturday 22nd November 10am - 2pm

Coldridge Village Hall and St Matthew's Church

Jewellery Woodwork Clocks
Pottery Wool Painting Jams
Home Items Books
Temple Spa Beauty Products
Christmas Items ...and much more

Refreshments including Bacon Rolls, Cakes & Hot Drinks on sale

PRIZE RAFFLE!!
(Donations Welcome)

Coldridge Village Hall